

## **OEC Chapter 33: Behavioral Emergencies and Crisis Response**

### **Summery**

- Scene safety is the top priority
- A behavioral emergency exists when a person exhibits abnormal thoughts or actions.
- Cause may be medical, chemical, traumatic, or behavioral.
- S/S may include panic, agitation, violence, and self-destructive behavior.
- Anxiety, depression, paranoia, agitation, and bipolar disorder are considered mood, adjustment, and affective disorders.
- The seven stages of grief are shock, denial, anger, bargaining, depression, testing, and acceptance.
- As you approach a pt. experiencing a behavioral emergency, if appropriate, call for help including area security and police authority.
- The tx of pt's having a behavioral emerg. Is both preventive and supportive. Prevention efforts center on keeping the pt's safe and away from hazards or potential weapons, and on preventing pt from self harm and harming others.
- Contact critical incident stress debriefing professionals to help OEC technicians who have stress following a difficult rescue.

Key Terms: Agitation, Anxiety, Bipolar disorder, Crisis, Depression, Mood/ adjustment/ or affective disorder, Paranoia, Psychosis, Reasonable force, Schizophrenia, Stress, Suicidal gesture, suicide.

**Study:** Fig 33-1, Fig 33-2, Table 33-1, fig 33-3, p. 770-774, Key pt p. 771, Key Pt p. 772/774/777/778/779/782, Fig. 33-4, Table 33-2, Table 33-3, figure, 33-5, Table 33-4, Table 33-5, OEC skill 33-1, figure 33-6,